



Jabatan Keselamatan dan Kesihatan Pekerjaan
KEMENTERIAN SUMBER MANUSIA

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POSH HEALTH WEBINAR SERIES / JUNE 2026

NAVIGATING THROUGH THE HEAT WAVE

13th June 2026
Saturday • 8:45am
Live via Zoom

 **5 DOSH CEP**

 **8 MMA CPD**



REMINDER:

Participants who intend to claim under HRDF are kindly requested to register and apply HRDF grant at least 3 days prior to webinar.

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Program Lineup

1st session, 9^{AM} - 10:30^{AM}

Speaker: **Dr. Muhamad Hazizi Muhamad Hasani**

Public Health Physician & Occupational Health Doctor, Negeri Sembilan State Health Department



Dr. Muhamad Hazizi Muhamad Hasani is a Public Health Physician and Occupational Health Doctor currently serving at the Negeri Sembilan State Health Department. He holds MBBS, Master of Public Health (MPH), and Doctor of Public Health (DrPH) from the University of Malaya, and is also a certified Occupational Health Doctor (OHD) and Certified Medical Impairment Assessor (CMIA). Dr Hazizi is actively involved in occupational and environmental health management, public health policy, workplace health programs, and occupational disease prevention. He is also a frequent invited speaker for health-related talks, media interviews, and occupational health programs across Malaysia.

Heat in Malaysia and its Public Health Impact

- Overview of the Current Heat Profile and Trends in Malaysia
- National Systems for Heat Monitoring and Early Warning (Environmental Surveillance)
- Public Health Planning, Risk Communication, and Preparedness Strategies

2nd session, 10:30^{AM} - 12:00^{PM}

Speaker: **Dr Lim Jang Fang**

Occupational Health Doctor & Industrial Hygienist



Dr. Lim Jac Fang is an Occupational Health Doctor and Industrial Hygienist with more than 31 years of experience in occupational health, industrial hygiene, safety management, and regulatory compliance across government sectors and corporate industries. He holds a postgraduate qualification in Occupational Health from National University of Malaysia (UKM) and is a Certified Professional Industrial Hygienist (CPIH), Certified Medical Impairment Assessor (CMIA), and registered Ergonomic Trained Person (ETP). Dr Lim has served in various leadership positions under the Sabah State Health Department and was previously a Senior Fellow at University Malaysia Sabah. He is actively involved in occupational health training, publications, conferences, and professional development programs.

Heat Risk Assessment and Control

- Methodologies for Heat Exposure Assessment (e.g., WBGT, Heat Index)
- Engineering Controls: Implementation, Effectiveness, and Verification
- Application of the Hierarchy of Controls in Heat Risk Management
- Case Studies on Occupational Heat Risk Assessment

3rd session, 12:00^{PM} - 1:30^{PM}

Speaker: **Dr. Nabil Muhammad Bin Al Kuddoos**

Emergency Medicine Physician & Head of Pre-Hospital Care and Ambulance Services, Hospital Selayang



Dr. Nabil Muhammad Bin Al Kuddoos is an Emergency Medicine Physician currently serving at Hospital Selayang with over 15 years of experience in emergency medicine, pre-hospital care, and disaster response. He currently leads the Pre-Hospital Care & Ambulance Services, coordinating emergency medical services, mass gathering medical coverage, and operational emergency response. Dr Nabil holds a Doctor of Emergency Medicine (DrEmMed) from National University of Malaysia (UKM) and is actively involved in disaster medicine, emergency ultrasound, trauma care, and emergency medical operations at both national and international levels.

Medical Management and Emergency Response to Heat-Related Illnesses

- Spectrum of Heat Related Illness
- On-Site First Aid and Triage
- Special Individual/Worker Consideration
- Clinical Algorithms and Training Drills

4th session, 2:30^{PM} - 4:00^{PM}

Speaker: **Assoc. Prof Dr. Ng Yee Guan**

Senior Lecturer & Industrial Hygiene Researcher, Universiti Putra Malaysia



Dr. Ng Yee Guan is currently a Senior Lecturer at Universiti Putra Malaysia and holds a PhD in Occupational Health and Safety. He teaches Industrial Hygiene as a core subject for the Bachelor of Science in Environmental and Occupational Health programme and also serves as the Postgraduate Coordinator for the Faculty of Medicine and Health Sciences, UPM. Dr Ng is actively involved in Occupational Safety and Health (OSH), Industrial Hygiene, and Ergonomics research, with expertise in chemical exposure monitoring, indoor air quality, noise, vibration, office ergonomics, and participatory ergonomics. He is also actively involved with professional bodies including the Malaysian Industrial Hygiene Association (MIHA).

Tackling Heat Hazard at Workplace

- Strategies for Managing Occupational Heat Exposure
- Industrial Preparedness and Response to Heat Emergencies
- Sharing Best Practices, Lessons Learned, and Continuous Improvement

Who should attend?

HR Managers & Executives
to strengthen HR practices and compliance.

Occupational Health & Safety Officers to enhance workplace safety strategies.

Corporate Leaders & Employers to understand SOCSO Acts, schemes, and RTW programs.

Medical & Occupational Health Practitioners to guide employer how to manage their employee or managing your own employees

Training & Development Professionals to apply effective HR transformation methods.

Anyone involved in Workplace Health, Safety & HR functions.



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